## WHAT IS CLAIMED:

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1. A method of controlling a DC-DC converter including a first series circuit including two switching devices connected between a positive terminal and a negative terminal of a DC power supply that supplies a DC input voltage, and a second series circuit including one or more capacitors and a primary winding of a transformer connected to one of the switching devices, the DC-DC converter switching on and off the switching devices, whereby to generate positive and negative voltages across a secondary winding of the transformer, and the DC-DC converter conducting half-wave rectification or full-wave rectification of the positive and negative voltages generated across the secondary winding of the transformer, thereby to obtain a DC output voltage, comprising:

changing the switching frequency of the switching devices; and changing the on-off ratio of the switching devices.

- 2. The method according to Claim 1, wherein the on-off ratio is changed in response to the output voltage and the switching frequency is changed in response to the input voltage supplied by the DC power supply.
  - 3. The method according to Claim 1, wherein the switching frequency is changed while the on-off ratio is fixed at a certain value, and wherein the on-off ratio is changed while the switching frequency is fixed at a predetermined value after the switching frequency has

frequency has reached the predetermined value, thereby preventing the switching frequency from exceeding the predetermined value.

## 4. A DC-DC converter comprising:

a first series circuit including two switching devices connected between a positive terminal and a negative terminal of a DC power supply that supplies a DC input voltage;

a second series circuit including one or more capacitors and a primary winding of a transformer connected to one of the switching devices;

switching frequency changing means for changing a switching frequency of the switching devices; and

on-off ratio changing means for changing a on-off ratio of the switching devices;

wherein switching of the on and off the switching devices generates positive and negative voltages across a secondary winding of the transformer; and

wherein the DC-DC converter conducts half-wave rectification or full-wave rectification of the positive and negative voltages generated across the secondary winding of the transformer thereby to generate a DC output voltage.

5. The DC-DC converter as claimed in claim 4, wherein the on-off ratio changing means changes the on-off ratio in response to the output voltage and the switching frequency changing means changes the switching frequency in response to the input voltage supplied

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by the DC power supply.

6. The DC-DC converter as claimed in claim 4, wherein switching frequency changing means changes the switching frequency while the on-off ratio is fixed at a certain value, and wherein on-off ratio changing means changes the on-off ratio while the switching frequency is fixed at a predetermined value after the switching frequency has reached the predetermined value, thereby preventing the switching frequency from exceeding the predetermined value.